

Katie is a leadership, individual, and relationship coach who guides clients toward achieving deeper vocational and life fulfillment. With over 15 years of sales, public relations and entrepreneurial experience, she has a proven track record of maximizing her clients' unique gifts and leading them towards positive change in both their work and life. Using a diverse methodological framework, her pragmatic, action-oriented approach integrates the professional and personal elements of each client's life, focusing on purpose and meaning as a central theme. Katie strongly believes in addressing the "whole person" as well as developing the intelligences of the mind, body and heart in her clients. She addresses the importance of relationships in all aspects of our lives as well as discovering the untapped energy of our unique passions and natural talents. Katie is known for helping clients gain vision, alignment and clarity toward their own "inspired path."

Katie is the founder of Inspirapath, a Professional and Personal Coaching company. In addition to her corporate experience, she earned her M.A. in Counseling Psychology from St. Mary's College with an emphasis in working with individuals, couples and families. Katie also has been trained as a Career Counselor. She is a certified Integral Coach from New Ventures West as well as a certified Somatic Coach from the Strozzi Institute. She is accredited by the International Coach Federation and has completed the curriculum in Organization and Relationship Systems Coaching through the Center for Right Relationship (ORSC). Additionally, Katie is a certified Enneagram Coach and is an accredited teacher with the International Enneagram Association.